



Australia New Zealand Process Oriented Psychology

Two-Year Professional Training in Process
Oriented Counselling and Facilitation

Assessment Guide Part I:
WRITTEN ASSIGNMENTS



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ANZPOP Inc., in affiliation with the International Association of Process Oriented Psychology (IAPOP) offer a training program that welcomes diversity, particularly in areas of race, national origin, cultural background, class, disability, gender, age, sexual and spiritual orientation.

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Assessment Structure

There are two central assessment components in the ANZPOP Professional Training program, written assignments and video assignments.

One week ahead of every training seminar, students must submit a written assignment based on the prescribed pre-readings. Pre-reading materials are accessible through the student logins on the ANZPOP website.

Two weeks after each training seminar, students must submit a written piece based on their learning in the seminar.

Further details of these assignments are given in the following pages.

Four videos demonstrating counselling skills are also required over the duration of the course. Details of the requirements for these assignments can be found in the Assessment Guide Part II.



YEAR ONE OVERVIEW

First Training Seminar

Modules:

1. Transpersonal Counselling: Process Oriented Psychology a Post Jungian approach.
2. Understanding our Psychotherapy Practice through Inner Work and Mindfulness: Process Oriented Psychology Skills Integration.

Second Training Seminar

Modules:

3. The Psychodynamic Tradition: Similarities and differences to Process Oriented Psychology.
4. Process Work Skills 1, Basic theory and Working with Body Symptoms.

Third Training Seminar

Modules:

5. The Third Wave: Narrative Therapy, Gestalt Therapy and the Rogerian Person-Centred Approach – comparisons with Process Oriented Psychology.
6. Process Oriented Psychology Skills (metaskills, dreams) and Integration.



First Training Seminar, Module 1: Transpersonal Counselling

Assignment 1: Jungian Analytical Psychology

Write a reflective summary of the prescribed pre-readings (1000-1200 words), including your reflection on the chapter on Jungian Analytical Psychology from the textbook *Current Psychotherapies*. Reflect on your understanding of Jung's ideas about:

- a) The Conscious and Unconscious mind and
- b) The idea of Archetypes.

Due Date: 5pm, the Friday one week before the First Training Seminar. Please forward your assignment via email to the relevant Module Trainer (as indicated by the Course Coordinator).

This is not a graded assignment, but you will receive feedback as to whether your reflection has 'Achieved Competency' or is 'Not Yet Competent' to the criteria outlined below. If any part of the assessment is marked Not Yet Competent, the assessor will indicate what is required to achieve competence and the time frame in which resubmission is required.



Assignment 1 Assessment Matrix

Jungian Analytical Psychology

Student:
Date:

Assessor:

Assessment Criteria	Feedback and Notes	Not Yet Competent	Achieved Competence
Reflects and summarizes the chapter on Jungian Analytical Psychology			
Summarizes and reflects on Conscious and Unconscious mind			
Summarizes and reflects on Archetypes			



First Training Seminar, Module 2: Innerwork in the Context of Transpersonal Counselling

Assignment 2: The Theory and Practise of Innerwork

Write an essay (1000-1500 words) briefly outlining the Process Work theory of Innerwork and your reflection on your experience of participating in the Innerwork exercises during the Training Seminar in general, and describe one of your Innerwork experiences with the following details:

- a) Any insights you gained.
- b) Outline the Process Oriented Counselling theory and skills that you practised in the exercise.
- c) Describe any themes that emerged or 'figures' that you explored.
- d) Identify what 'channels' you used.

Due Date: 5pm on the Friday two weeks after the first training seminar. Please forward your assignment via email to the Course Co-ordinator, Dr Silvia Camastral.

This is not a graded assignment, but you will receive feedback as to whether your reflection has 'Achieved Competency' or is 'Not Yet Competent' to the criteria outlined below. If any part of the assessment is marked Not Yet Competent, the assessor will indicate what is required to achieve competence and the time frame in which resubmission is required.



Assignment 2 Assessment Matrix

The Theory and Practise of Innerwork

Student:
Date:

Assessor:

Assessment Criteria	Feedback and Notes	Not Yet Competent	Achieved Competence
Describes an Innerwork experience and Insights gained			
Outlines Process Oriented Counselling Theory			
Explains Process Oriented Counselling skills practised			
Describes themes that emerged or figures that were explored			
Identifies channels used			



Second Training Seminar, Module 3: The Psychodynamic Tradition

Assignment 3: Key Psychodynamic Concepts

Write a reflective summary of the prescribed pre-readings (1000-1200 words). You are required to summarise the key Psychodynamic concepts of the Freudian tradition and reflect on your understanding of each. Summarise your understanding of the following concepts:

- a) The Conscious and Unconscious Mind
- b) The role of dreams in psychic functioning
- c) Transference and Countertransference.

In addition, based on your understanding of Transference and Countertransference, formulate at least one question that the Counsellor needs to ask themselves in order to check for possible Countertransference.

Due Date: 5pm, the Friday one week before the First Training Seminar. Please forward your assignment via email to the relevant Module Trainer (as indicated by the Course Coordinator).

This is not a graded assignment, but you will receive feedback as to whether your reflection has 'Achieved Competency' or is 'Not Yet Competent' to the criteria outlined below. If any part of the assessment is marked Not Yet Competent, the assessor will indicate what is required to achieve competence and the time frame in which resubmission is required.



Assignment 3 Assessment Matrix

Key Psychodynamic Concepts

Student:
Date:

Assessor:

Assessment Criteria	Feedback and Notes	Not Yet Competent	Achieved Competence
Reflective Summary of Chapter 2, Psychoanalysis by Jacob A. Arlow			
Reflective Summary of Classical Psychoanalytic Approaches: Overview , in SAGE Encyclopaedia			
Summarizes and reflects on Freud's concept of the Conscious and Unconscious Mind			
Summarizes and reflects on the Psychodynamic concept of the role of dreams			
Summarizes and reflects on Freud's concept of Transference and Counter-Transference			
Formulates at least one question that the Counsellor needs to ask themselves to check for possible Countertransference			



Second Training Seminar, Module 4: Process Work Skills

Assignment 4: Reflecting on your Role as a Counsellor

Write a reflective essay (1000-1500 words) based on your practice as a Counsellor. Please use the teaching resources from the module and reading list to complete this assignment. You are required to recall, describe and reflect on an exercise from Module 4 in which you were in the role of Counsellor:

- a) Describe three main interventions from your Counselling work (skills that you used).
- b) Explain the theoretical reasons for using these skills. Include your observations of client communication signals and feedback.
- c) Describe how the process 'unfolded' and what if any new elements emerged.
- d) Describe at least one application of a 'general counselling skill' that you used in this exercise that helped contribute to building rapport and trust with your client.

Due Date: 5pm on the Friday two weeks after the first training seminar. Please forward your assignment via email to the Course Co-ordinator, Dr Silvia Camastral.

This is not a graded assignment, but you will receive feedback as to whether your reflection has 'Achieved Competency' or is 'Not Yet Competent' to the criteria outlined below. If any part of the assessment is marked Not Yet Competent, the assessor will indicate what is required to achieve competence and the time frame in which resubmission is required.



Assignment 4 Assessment Matrix

Reflecting on your Role as a Counsellor

Student:

Assessor:

Date:

Assessment Criteria	Feedback and Notes	Not Yet Competent	Achieved Competence
Describes three main skills used.			
Explains theoretical reasons for choice of intervention. Outlines client communication signals and feedback observed that indicated these skills/methods might be effective.			
Reflects on how the process unfolded. Describes the outcome and if any new process emerged.			
Describes at least one application of a 'general counselling skill' used in this exercise that helped contribute to building rapport and trust with client.			



Third Training Seminar, Module 5: Third Wave - Narrative, Gestalt and Rogerian therapies

Assignment 5: Key concepts of Narrative, Gestalt and Rogerian modalities

Write a reflective summary of the prescribed pre-readings (1000-1200 words), including:

- a) Summarise and reflect on your impressions and the value of Rogerian Therapy.
- b) Describe what the following key concepts refer to and give your opinion about Carl Rogers's contribution to the field of Counselling and Psychotherapy. Specifically reflect on the following:
 - (i) The therapeutic relationship
 - (ii) The importance of empathy and genuineness and
 - (iii) Unconditional positive regard.
- c) Summarise and reflect on the following principles of Gestalt Therapy:
 - (i) The elements of the therapeutic process and
 - (ii) The therapeutic relationship. An optional question to consider is how they are similar and different to Rogerian principals.

Due Date: 5pm, the Friday one week before the First Training Seminar. Please forward your assignment via email to the relevant Module Trainer (as indicated by the Course Coordinator).

This is not a graded assignment, but you will receive feedback as to whether your reflection has 'Achieved Competency' or is 'Not Yet Competent' to the criteria outlined below. If any part of the assessment is marked Not Yet Competent, the assessor will indicate what is required to achieve competence and the time frame in which resubmission is required.



Assignment 5 Assessment Matrix

Key concepts of Narrative, Gestalt and Rogerian modalities

Student:

Assessor:

Date:

Assessment Criteria	Feedback and Notes	Not Yet Competent	Achieved Competence
Summarizes and reflects on value of Rogerian Therapy.			
Summarizes and reflects on the Rogerian concept of the therapeutic relationship.			
Describes and reflects on the importance of empathy, genuineness and unconditional positive regard.			
Summarizes and reflects on Perls' contribution to Counselling and Psychotherapy.			
Summarizes and reflects on the elements of the therapeutic process in Gestalt therapy.			
Summarizes and reflects on the Gestalt principles of the therapeutic relationship.			



Third Training Seminar, Module 6: Process Oriented Psychology – skills and metaskills and comparison with other modalities

Assignment 6: Comparison of Process Oriented Psychology with Person-centred, Gestalt and Narrative approaches

Write an essay (1000-1500 words) describing and reflecting on an exercise from Module 6 in which you worked as the Counsellor, including:

- a) Using process-oriented counselling theory, describe the channels in which you saw indications for the primary and secondary process and the edge.
- b) Explain how you explored unfolding the process and the skills and metaskills used from either a Person Centred, Gestalt or Narrative approach.
- c) How do the skills and metaskills from one of the following modalities: Person-Centred; Gestalt or Narrative, complement or differ from the process-oriented paradigm?
- d) Outline how any two of these models build and strengthen the therapeutic relationship. Include any examples from your reflection about, and feedback from, your client work that illustrates your understanding of how to build trust and rapport.

Use resources from the module and your reading.

Due Date: 5pm on the Friday two weeks after the first training seminar. Please forward your assignment via email to the Course Co-ordinator, Dr Silvia Camastral.

This is not a graded assignment, but you will receive feedback as to whether your reflection has 'Achieved Competency' or is 'Not Yet Competent' to the criteria outlined below. If any part of the assessment is marked Not Yet Competent, the assessor will indicate what is required to achieve competence and the time frame in which resubmission is required.



Assignment 6 Assessment Matrix

Comparison of Process Oriented Psychology with Person-centred, Gestalt and Narrative approaches

Student:

Assessor:

Date:

Assessment Criteria	Feedback and Notes	Not Yet Competent	Achieved Competence
Describes theoretical basis for Process oriented skills used; including channels, primary and secondary process and the edge.			
Outlines skills & metaskills used from either a Person-centred, Gestalt or Narrative approach.			
Presents an analysis of similarities and differences of one modality with the Process Paradigm.			
Illustrates an understanding of how the therapeutic relationship is built and strengthened, using two of the models. Includes examples from client work.			



YEAR TWO OVERVIEW

Fourth Training Seminar

Modules:

7. Working with Families and Relationships (from a Family System View).
8. Process Oriented Psychology Skills for Working with Relationships (levels, rank privilege and conflict work). Integration of Theory and Practice.

Fifth Training Seminar

Modules:

9. Best Practice Working with Trauma and Abuse
10. Process Oriented Counselling Skills (process oriented abuse work, inner abuse, inner conflict work) and Integration of Theory and Practice.

Sixth Training Seminar

Modules:

11. Optimal Approaches to Mental Health and Addiction
12. Process Oriented Counselling Skills (altered and extreme states and addiction work) and Integration of Theory and Practice.

Seventh Training Seminar

Modules:

13. Process Oriented Facilitation in Groups – Diversity and Conflict, how to work with facilitator leadership attack, internalised criticism or abuse, issues of rank and privilege.
14. Process Oriented Skills – Group Work Facilitation using Innerwork and the Integration of Theory and Practice.



Fourth Training Seminar, Module 7: Working with Families and Relationships

Assignment 7: Reflective summary of Family Systems perspective

Write a reflective summary of the prescribed pre-readings (1000-1200 words), including:

- a) Summarise and highlight the key contributions and concepts in the development of the field of Family Therapy from the following:
 - (i) Murray Bowen
 - (ii) Virginia Satir
 - (iii) Salvador Minuchin
 - (iv) Carl Whitacker.

- b) Summarise and describe contributions to the more current post-modern development in Family Therapy from the following perspectives:
 - (i) Multi-cultural
 - (ii) Diversity
 - (iii) Collaborative.

- c) Summarise your reading about relationship work from S. Johnson, J. Gottman, and D. Schnarch.

Due Date: 5pm, the Friday one week before the First Training Seminar. Please forward your assignment via email to the relevant Module Trainer (as indicated by the Course Coordinator).

This is not a graded assignment, but you will receive feedback as to whether your reflection has 'Achieved Competency' or is 'Not Yet Competent' to the criteria outlined below. If any part of the assessment is marked Not Yet Competent, the assessor will indicate what is required to achieve competence and the time frame in which resubmission is required.



Assignment 7 Assessment Matrix

Reflective summary of Family Systems perspective

Student:

Assessor:

Date:

Assessment Criteria	Feedback and Notes	Not Yet Competent	Achieved Competence
Summarises and highlights the key contributions and concepts in the development of the field of Family Therapy from the following: <ul style="list-style-type: none"> • Murray Bowen • Virginia Satir • Salvador Minuchin • Carl Whitacker 			
Summarises and describes contributions to the more current post-modern development in Family Therapy from the following perspectives: <ul style="list-style-type: none"> • Multi-cultural • Diversity and • Collaborative 			
Summarises reading about relationship work from: <ul style="list-style-type: none"> • S. Johnson • J. Gottman • D. Schnarch 			



Fourth Training Seminar, Module 8: Process Oriented Counselling Skills for working with relationships, levels of relationship, rank, privilege and conflict work and integration of Theory and Practice.

Assignment 8: Process Oriented Relationship Skills

Write an essay (1000-1500 words) briefly outlining the theory of Process Oriented Counselling Skills for working with Relationships and your reflection on your experience of participating in the exercises during the training seminar. You are required to describe one of your experiences of working as a counsellor in the exercises, including:

- a) Outline the Process Oriented Counselling theory for relationship work
- b) Describe any application of the 'levels of relationship' that you identified and why you thought these were indicated
- c) Identify any rank signals you noticed
- d) Outline Process Oriented Counselling skills for Conflict Management
- e) Describe any insights gained
- f) Explain the similarities and differences between other models and a Process Oriented approach to Family and Couples Therapy.

Due Date: 5pm on the Friday two weeks after the first training seminar. Please forward your assignment via email to the Course Co-ordinator, Dr Silvia Camastral.

This is not a graded assignment, but you will receive feedback as to whether your reflection has 'Achieved Competency' or is 'Not Yet Competent' to the criteria outlined below. If any part of the assessment is marked Not Yet Competent, the assessor will indicate what is required to achieve competence and the time frame in which resubmission is required.



Assignment 8 Assessment Matrix

Process Oriented Relationship Skills

Student:
Date:

Assessor:

Assessment Criteria	Feedback and Notes	Not Yet Competent	Achieved Competence
Knows the main theoretical aspects of Process Oriented Relationship work.			
Understands working with different levels of relationship and the signals and client feedback observed that indicates their use.			
Identifies any rank signals in the relationship work			
Outlines Process Oriented Counselling skills for conflict management			
Describes insights gained in applying these techniques.			
Is familiar with similarities and differences between other models and Process-Oriented approach to Family and Couples Therapy.			



Fifth Training Seminar, Module 9: Best Practice for Working with Trauma and Abuse Issues

Assignment 9: Reflective Summary on Trauma and Abuse issues

Write a reflective summary of the prescribed pre-readings (1000-1200 words) and your personal experience in this area, including:

- a) Reflect on the theoretical underpinning of working with trauma and abuse issues
- b) Define trauma and outline its signs and signals
- c) Describe possible effects of trauma work on the Counsellor: vicarious trauma
- d) Reflect on personal experience in this area and insights gained in studying the topic.

Due Date: 5pm, the Friday one week before the First Training Seminar. Please forward your assignment via email to the relevant Module Trainer (as indicated by the Course Coordinator).

This is not a graded assignment, but you will receive feedback as to whether your reflection has 'Achieved Competency' or is 'Not Yet Competent' to the criteria outlined below. If any part of the assessment is marked Not Yet Competent, the assessor will indicate what is required to achieve competence and the time frame in which resubmission is required.



Assignment 9 Assessment Matrix

Reflective Summary on Trauma and Abuse issues

Student:
Date:

Assessor:

Assessment Criteria	Feedback and Notes	Not Yet Competent	Achieved Competence
Reflects on the theoretical underpinning of working with trauma and abuse issues			
Defines trauma and outlines its signs and signals			
Describes possible effects of trauma work on the Counsellor: vicarious trauma			
Reflects on personal experience in this area and insights gained in studying the topic			



Fifth Training Seminar, Module 10: Process-Oriented Counselling Skills for working with survivors of abuse, inner abuse, inner conflict work and Integration of Theory and Practice.

Assignment 10: Process-Oriented skills and metaskills for working with abuse

Write an essay (1000-1500 words) briefly outlining the theory of Process Oriented Counselling Skills and metaskills for working with survivors of abuse, including comments on Inner Abuse, Inner Conflict Work and Integration of Theory and Practice. You are required to connect your theoretical understanding with your reflection on your experience of participating in the exercises during the Learning Seminar:

- a) Outline Process oriented Counselling theory for working with survivors of abuse and trauma
- b) Describe Process oriented skills and metaskills for working with survivors of abuse and trauma
- c) Describe one of your experiences of working as a Counsellor in the seminar exercises. Explain your application of any Process oriented techniques used and why you thought these were indicated. Outline any insights that you gained.
- d) Briefly discuss issues of self-care, ethics and boundaries necessary for working with trauma survivors.

Due Date: 5pm on the Friday two weeks after the first training seminar. Please forward your assignment via email to the Course Co-ordinator, Dr Silvia Camastral.

This is not a graded assignment, but you will receive feedback as to whether your reflection has 'Achieved Competency' or is 'Not Yet Competent' to the criteria outlined below. If any part of the assessment is marked Not Yet Competent, the assessor will indicate what is required to achieve competence and the time frame in which resubmission is required.



Assignment 10 Assessment Matrix

Process-Oriented skills and metaskills for working with abuse

Student:

Assessor:

Date:

Assessment Criteria	Feedback and Notes	Not Yet Competent	Achieved Competence
Outlines Process Oriented Counselling theory for working with survivors of abuse and trauma.			
Describes the Process Oriented skills and metaskills for working with survivors of trauma and abuse.			
Describes an experience of working as a Counsellor in an exercise. Explains any Process Oriented techniques used and why they were indicated. Outlines any insights gained.			
Discusses issues of self-care, ethics and boundaries necessary for working with trauma.			



Sixth Training Seminar, Module 11: Optimal Approaches to Working with Mental Health Issues and Addiction

Assignment 11: Reflective Summary on Mental Health Issues and Addiction

Write a reflective summary of the prescribed pre-readings (1000-1200 words), following these three steps:

1. Look at the NIMH sites and take notes
2. Watch the video clips of personal stories and take notes
3. Following the steps below, write a reflective essay relating to yourself and the material you have studied above.
 - a) Choose **two of the mental health conditions** and reflect on what resonated strongly with you (eg. 1. Depression and 2. Bi-polar disorder etc). Use the questions below to guide you in your reflections.
 - b) Reflect on **what** signs, symptoms and experiences you recognised to some degree either personally or from a person close to you (eg. family member, friend etc).
 - c) Reflect on **how** this has affected and/or shaped you as a person.
 - d) Reflect on **how** this might be helpful to you as a counsellor to have had these experiences?

Due Date: 5pm, the Friday one week before the First Training Seminar. Please forward your assignment via email to the relevant Module Trainer (as indicated by the Course Coordinator).

This is not a graded assignment, but you will receive feedback as to whether your reflection has 'Achieved Competency' or is 'Not Yet Competent' to the criteria outlined below. If any part of the assessment is marked Not Yet Competent, the assessor will indicate what is required to achieve competence and the time frame in which resubmission is required.



Assignment 11 Assessment Matrix

Reflective Summary on Mental Health Issues and Addiction

Student:

Assessor:

Date:

Assessment Criteria	Feedback and Notes	Not Yet Competent	Achieved Competence
Reflects on what signs, symptoms and experiences they recognised to some degree, either personally or from someone close to them, with two of the mental health conditions.			
Reflects on how this has affected and/or shaped them as a person.			
Reflects on how this might be helpful as a Counsellor to have had these experiences.			



Sixth Training Seminar, Module 12: Process Oriented Counselling Skills with Altered and Extreme States and Addictions and Integration of Theory and Practice.

Assignment 12: Process Oriented approach to Working with Mental Health Issues and Addiction

Write an essay (1000-1500 words) based on your practice as a Counsellor, using teaching resources from the module and reading list. Recall, describe and reflect on an exercise from the seminar in which you were in the role of the Counsellor. Specifically:

- a) Describe the key theoretical Process Work approaches to working with Altered and Extreme States and Addiction work.
- b) In the role of the therapist during the training seminar, describe how you used process oriented skills and interventions in an exercise on Altered/Extreme states or Addiction process.
- c) Describe how the process 'unfolded' and what, if any, new elements emerged. Give theoretical reasons for using these skills and include your observations of client communication signals and feedback.
- d) Describe at least one application of a "general counselling skill" that you used in this exercise that helped contribute to building rapport and trust with your client.

Due Date: 5pm on the Friday two weeks after the first training seminar. Please forward your assignment via email to the Course Co-ordinator, Dr Silvia Camastral.

This is not a graded assignment, but you will receive feedback as to whether your reflection has 'Achieved Competency' or is 'Not Yet Competent' to the criteria outlined below. If any part of the assessment is marked Not Yet Competent, the assessor will indicate what is required to achieve competence and the time frame in which resubmission is required.



Assignment 12 Assessment Matrix

Process Oriented approach to Working with Mental Health Issues and Addiction

Student:

Assessor:

Date:

Assessment Criteria	Feedback and Notes	Not Yet Competent	Achieved Competence
Describes the key theoretical Process Work approaches to working with Altered and Extreme States and Addiction work.			
Describes how they used Process oriented skills and interventions in an exercise on Altered/Extreme states or Addiction process, in the role of therapist during the Seminar.			
Describes how the process 'unfolded' and what, if any, new elements emerged. Gives theoretical reasons for using these skills and includes observations of client communication signals and feedback.			
Describes at least one application of a 'general counselling skill' used in this exercise that helped contribute to building rapport and trust with the client.			



Seventh Training Seminar, Module 13: Process Oriented Facilitation in Groups for Working with Diversity and Conflict; how to work with Facilitator Leadership Attack, Internalised Criticism and Issues of Diversity involving Rank and Privilege.

Assignment 13: Reflective Summary on Approaches to Working with Diversity and Conflict

Write a reflective summary of the prescribed pre-readings (1000-1200 words), including reflections on your personal experience in this area:

- a) Produce a reflective summary of your reading using and reflecting on the Process Oriented terms used in the literature.
- b) Include any reflections on your personal experience in groups and any reflections on your personal experience in Group Work.

Due Date: 5pm, the Friday one week before the First Training Seminar. Please forward your assignment via email to the relevant Module Trainer (as indicated by the Course Coordinator).

This is not a graded assignment, but you will receive feedback as to whether your reflection has 'Achieved Competency' or is 'Not Yet Competent' to the criteria outlined below. If any part of the assessment is marked Not Yet Competent, the assessor will indicate what is required to achieve competence and the time frame in which resubmission is required.



Assignment 13 Assessment Matrix

Reflective Summary on Approaches to Working with Diversity and Conflict

Student:

Assessor:

Date:

Assessment Criteria	Feedback and Notes	Not Yet Competent	Achieved Competence
Reflects and summarizes the reading using and reflecting on the Process Oriented terms used in the literature.			
Includes any reflections on personal experience in groups and any reflections on personal experience in Group Work.			



Seventh Training Seminar, Module 14: Process Oriented Skills for Group Work Facilitation, Role Awareness, Meta Communication, Innerwork and the Integration of Theory and Practice.

Assignment 14: Process Oriented approach to Group Work Facilitation and Integration of Theory and Practice

Write an essay (1000-1500 words) briefly outlining the theory of Process Oriented Counselling Skills for Working with Group Facilitation and integration of Theory and Practice. Connect your theoretical understanding with your reflection on your experience of participating in the group work exercises during the training seminar:

- a) In the role of Facilitator, reflect on what you did and what skills you used, using the theory of group work.
- b) Describe and reflect on what worked well for you, and what was challenging and why (using Process Work group theory and terminology).
- c) Reflect on your learning and what you think your “growing edge” is and how you propose to work on that.
- d) Reflect on your emerging style as a Facilitator in group work.

Due Date: 5pm on the Friday two weeks after the first training seminar. Please forward your assignment via email to the Course Co-ordinator, Dr Silvia Camastral.

This is not a graded assignment, but you will receive feedback as to whether your reflection has ‘Achieved Competency’ or is ‘Not Yet Competent’ to the criteria outlined below. If any part of the assessment is marked Not Yet Competent, the assessor will indicate what is required to achieve competence and the time frame in which resubmission is required.



Assignment 14 Assessment Matrix

Process Oriented approach to Group Work Facilitation and Integration of Theory and Practice

Student:

Assessor:

Date:

Assessment Criteria	Feedback and Notes	Not Yet Competent	Achieved Competence
Reflects on what they did and what skills were used, using the theory of group work when in the role of Facilitator.			
Describes and reflects on what worked well and what was challenging and why (using Process Work group theory and terminology).			
Reflects on their learning and what their "growing edge" is and how they propose to work on that.			
Reflects on their emerging style as a Facilitator in group work.			

