



Australia New Zealand Process Oriented Psychology

Two-Year Professional Training in Process
Oriented Counselling and Facilitation

Assessment Guide Part II:
COUNSELLING SKILLS VIDEO ANALYSIS



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Assignment A: First Counselling Skills Video

Assessors: Silvia Camastral

Due Date: November 30 First Year

Assessment task and marking criteria:

- **Technology:** Video record a twenty-minute session with a client. The video needs to show the counsellor and client framed as fully as possible so that body language can be observed (both people with upper body clearly in the frame). Please conduct a trial shoot to ensure the video has good lighting and audio quality.
- **Clinical skills:** Demonstrate a basic ability to **build rapport** and **connect with the client** through empathic listening, curiosity and openness and showing a genuine interest in the client's unique experience.
- Demonstrate a basic and beginning ability to **notice primary signals, secondary signals and edges. Create a hypothesis of the secondary underlying process.**
- Demonstrate a beginning ability to **relate some secondary signals to the client** in working with the client's feedback.
- **Extra:** If feedback (positive feedback) allows, demonstrate a beginning ability to follow some of those secondary signals through amplification of the signals you perceived in the relevant channels.
- **Accompanying Written Analysis:** Describe your understanding of the videoed session using Process Work terminology in an accompanying short piece of writing (500-800 words). Identify and name moments where you demonstrated the required elements of the marking criteria. (Use the video clock and a relevant sentence to demonstrate your understanding of what skills you used or what signals you observed, the interventions you chose and the feedback you noticed in response to your interventions.)



Assignment A: Assessment Matrix

Student:

Assessor:

Date:

Assessment Criteria	Notes and feedback	Not Yet Competent	Achieved Competence
Technology: Good visual and audio quality			
Demonstrate a basic ability to connect with the client through empathic listening, curiosity and openness and showing a genuine interest in the client's own unique experience.			
Demonstrate a basic and beginning ability to notice primary and secondary signals and edges. Create a hypothesis of the secondary underlying process.			
Demonstrate a beginning ability to relate some secondary signals to the client in working with the client's feedback.			
Extra: If the feedback allows (positive feedback) demonstrate a beginning ability to follow some of those secondary signals through amplification of the signals you perceived in the relevant channels.			
Writing: Describe your understanding of the videoed session using Process Work terminology, (500-800 words). Identify and name moments where you demonstrated the required elements of the above marking criteria.			



Assignment B: Second Counselling Skills Video

Assessors: Silvia Camastral

Due Date: June 30 Second Year

Assessment task and marking criteria:

- **Technology:** Video record a twenty-minute session with a client. The video needs to show the therapist and client framed as fully as possible so body language can be observed (both people with upper body clearly in the frame). Please conduct a trial shoot to ensure that the video has good lighting and audio quality.
- **Clinical skills:** Demonstrate a good ability to **connect with the client** and build a rapport, using relevant metaskills to be open and interested in the client's own unique experience.
- Demonstrate an ability to notice signals belonging to the **primary process, the secondary process, channels and edges. Create a hypothesis** of the secondary underlying process.
- Demonstrate a beginning ability to **access secondary material** by amplification of the signals and unfolding the process in the relevant channels.
- Demonstrate your ability to work with the **client's feedback** by noticing signals indicating positive or negative feedback.
- **Accompanying written analysis:** Describe your understanding of the videoed session using Process Work terminology in an accompanying short piece of writing (500-800 words). Identify and name moments where you demonstrated the required elements of the marking criteria. (Use the video clock and a relevant sentence to demonstrate your understanding of what skills you used or what signals feedback etc you noticed.)



Assignment B: Assessment Matrix

Student:

Assessor:

Date:

Assessment Criteria	Notes and feedback	Not Yet Competent	Achieved Competence
Technology: Good visual and audio quality			
Demonstrate good ability to connect with the client and build good rapport, using relevant metaskills to be open and interested in the client's own unique experience.			
Demonstrate an ability to notice signals belonging to the primary process, the secondary process, channels and edges. Create a hypothesis of the secondary underlying process.			
Demonstrate a beginning ability to access secondary material by amplification of the signals and unfolding the process in the relevant channels.			
Demonstrate your ability to work with the client's feedback by noticing signals indicating positive or negative feedback.			
Written analysis: Describe your understanding of the videoed session using Process Work terminology, (500-800 words). Identify and name moments where you demonstrated the required elements of the above marking criteria.			



Assignment C: Third Counselling Skills Video

Assessors: Silvia Camastral

Due Date: September 30 Second Year

Assessment task and marking criteria:

- **Technology:** Video record a twenty-minute session with a client. The video needs to show the therapist and client framed as fully as possible, so body language can be observed (both people with upper body clearly in the frame). Please conduct a trial shoot to ensure that the video has good lighting and audio quality.
- **Clinical skills:** Demonstrate solid ability to **connect with the client** and build a good rapport, using relevant metaskills to be open and interested in the client's own unique experience.
- Demonstrate a good ability to notice and filter signals belonging to the **primary process, the secondary process, channels and edges in order to create a hypothesis** of the secondary underlying process.
- Demonstrate a good ability and relevant skills to fluidly **access secondary material** and working with the client to unfold the process, using relevant **channels**, working with **edges** and **integrating** the process in the client's life.
- Demonstrate your ability to work with the **client's feedback** by noticing signals indicating positive or negative feedback in an ongoing way.
- **Accompanying written analysis:** Describe your understanding of the videoed session using Process Work terminology in an accompanying short piece of writing (500-800 words). Identify and name moments where you demonstrated the required elements of the marking criteria. (Use the video clock and a relevant sentence to demonstrate your understanding of what skills you used or what signals feedback etc you noticed.)
- Write a short reflection on your emerging therapeutic style.



Assignment C: Assessment Matrix

Student:

Assessor:

Date:

Assessment Criteria	Notes and feedback	Not Yet Competent	Achieved Competence
Technology: Good visual and audio quality			
Demonstrate solid ability to connect with the client and build good rapport, using relevant metaskills to be open and interested in the client's own unique experience.			
Demonstrate a good ability to notice and filter signals belonging to the primary process, the secondary process, channels and edges in order to create a hypothesis of the secondary underlying process.			
Demonstrate a good ability and relevant skills to fluidly access secondary material and working with the client to unfold the process, using relevant channels, working with edges and integrating the process in the client's life.			
Demonstrate your ability to work with the client's feedback by noticing signals indicating positive or negative feedback in an ongoing way.			
Written analysis: Describe your understanding of the videoed session using Process Work terminology (500-800 words). Identify and name moments where you demonstrated the required elements of the above marking criteria.			
Short written reflection on your emerging therapeutic style.			



Assignment D: Fourth Counselling Skills Video

Assessors: Silvia Camastral

Due Date: November 30 Second Year

Assessment task and marking criteria:

- **Technology:** Video record a 20-30-minute session with a client. The video needs to show the therapist and client framed as fully as possible, so body language can be observed (both people with upper body clearly in the frame). Please conduct a trial shoot to ensure that the video has good lighting and audio quality.
- **Clinical skills:** Demonstrate solid ability to **connect with the client** and build a rapport, using relevant metaskills to be open and interested in the client's own unique experience.
- Demonstrate an advanced ability to notice and filter signals belonging to the **primary process, the secondary process, channels and edges in order to create a hypothesis** of the secondary underlying process.
- Demonstrate advanced skills to fluidly **access secondary material** and working with the client to demonstrating clear unfolding skills using relevant **channels**, working with **edges** and **integrating** the process in the client's life.
- Demonstrate your ability to work with the **client's feedback** by noticing signals indicating positive or negative feedback in an ongoing way.
- **Accompanying writing:** Describe your understanding of the videoed session using Process Work terminology in an accompanying short piece of writing (500-800 words). Identify and name moments where you demonstrated the required elements of the marking criteria. (Use the video clock and a relevant sentence to demonstrate your understanding of what skills you used or what signals feedback etc you noticed.)
- Write a short reflection on your emerging therapeutic style.



Assignment D: Assessment Matrix

Student:

Assessor:

Date:

Assessment Criteria	Notes and feedback	Not Yet Competent	Achieved Competence
Technology: Good visual and audio quality.			
Demonstrate solid ability to connect with the client and build good rapport, using relevant metaskills to be open and interested in the client's own unique experience.			
Demonstrate an advanced ability to notice and filter signals belonging to the primary process, the secondary process, channels and edges in order to create a hypothesis of the secondary underlying process.			
Demonstrate advanced skills to fluidly access secondary material and working with the client to demonstrating clear unfolding skills using relevant channels, working with edges and integrating the process in the client's life.			
Demonstrate your ability to work with the client's feedback by noticing signals indicating positive or negative feedback in an ongoing way.			
Writing: Describe your understanding of the videoed session using Process Work terminology (500-800 words). Identify and name moments where you demonstrated the required elements of the above marking criteria. Short written reflection on your emerging therapeutic style.			

